

1 ☐ Bureau of Medicine and Surgery Clinical Plans and Management

Will H. Williams, Jr.

Navy Substance Abuse Program Manager

2 ☐ Overview

- Scope of Services
- Accomplishments
- Challenges
- Continuum of Care

3 ☐ Scope of Services

- To provide substance abuse treatment services to all active duty and other eligible beneficiaries. These services include screening, assessment, and treatment for alcohol and/or other drug abuse problems

4 ☐ Accomplishments

- New Name - Substance Abuse Rehabilitation Program (SARP) Effective 1 October 2002
- Implementation of Health Care Financing Administration's Common Procedure Coding Systems (HCPCS) Level II Codes
- New IMPACT Program

5 ☐ Accomplishment

- Substance Abuse Website
(https://bumed.med.navy.mil/med03/clinical/Substance_Abuse/SAP.htm)
- Draft Standard Operation Procedures for Afloat SARPs
- Proposed Extended Tour Length for Substance Abuse Counselors

6 ☐ Challenges

- Optimize Service Delivery
- Reduce Clinical Variance
- Improve Quality Patient Care

7 ☐ Continuum of Care

- Level 0.5: Early Intervention
 - Target Population: Individuals without a substance abuse use disorder but at increased risk.
 - Often 20 hours in length
 - Goals:
 - Address risk factors related to substance use
 - Increase awareness of consequences for inappropriate use.

8 ☐ Continuum of Care

- Level I: Outpatient (OP)
 - Target Population: Patients with a substance use disorder
 - Program is 40-50 hours in length
 - Includes “Continuing Care” or maintenance services
 - Designed to enhance the transition to a healthy lifestyle when used as Continuing Care.

9 ☐ Continuum of Care

- Level II: Intensive Outpatient (IOP)
 - Target Population: Patients with a substance use disorder
 - Program is approximately 100 hours across four weeks. It is abstinence based.
 - Can arrange for quick medical/psychological evaluations

10 ☐ Continuum of Care

- Level III: Residential Services
 - Target Population: Patients with advanced substance use disorder
 - Medical services readily available
 - Staffed 24 hours a day
 - Very rarely exceeds four weeks
 - (Outpatient)

11 ☐ Continuum of Care

- Level IV: Medically-Managed Inpatient
 - Inpatient Treatment
 - Target Population: Patients whose biomedical, emotional , or behavioral problems are severe enough to require acute medical and nursing services. (Ex: patients at risk for alcohol withdrawal)
 - Temporary: typically 72 hours
 - Goal: Detoxification or other medical complication

12 ☐ Continuum of Care

- Typical Level I-III Treatment Day Activities
 - Didactic lectures
 - Interactive workshops
 - Individual counseling
 - Group therapy
 - Sober lifestyle activities
 - Journaling and written assignments

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