

FREQUENTLY ASKED QUESTIONS

What are some of the street names/slang terms for Ecstasy?

Adam, Bean, E, Ecstasy, M, Roll, X, XTC

What is Ecstasy?

MDMA or Ecstasy (3-4-methylenedioxymethamphetamine), is a synthetic drug with amphetamine-based drug with hallucinogenic properties. It is an addictive, mind-altering and potentially deadly drug. The effects of Ecstasy can dramatically differ for each individual.

What does Ecstasy look like?

ECSTASY powder is usually pressed into tablets, which vary widely in color and size. Generally, they size is similar to an aspirin tablet. These different 'brands' of Ecstasy are sold under different names. A couple of the early ones, for example, were called 'Love Doves' and 'New Yorkers'. Some of the current brands being sold are 007, Camel, Butterfly, Crown, Heart, JB, Star etc.).

How is Ecstasy used?

Taken in pill form, users sometimes take Ecstasy at "raves," to keep on dancing and for mood enhancement. Older teens and college students often frequent raves.

What are its short-term effects?

Short-term effects include psychological difficulties, including confusion, depression, sleep problems, drug craving, severe anxiety, and paranoia – during and sometimes weeks after taking MDMA, physical symptoms such as muscle tension, involuntary teeth clenching, nausea, blurred vision, rapid eye movement, faintness, and chills or sweating.

What are its long-term effects?

Recent research findings link MDMA to long-term damage to those parts of the brain critical to thought and memory. Chronic use of MDMA was found, first in laboratory animals and more recently in humans, to produce long-

lasting, perhaps permanent, damage to the neurons that release serotonin, and consequent memory impairment.

What is its federal classification?

MDMA is a Schedule I drug.

Is Ecstasy (MDMA) addictive?

ECSTASY isn't physically addictive, but a psychological dependence (when an individual thinks that she/he cannot do without it) can occur. With frequent use tolerance can build up so that more has to be used to get the same effect. On stopping it, many people experience depression and fatigue.

Do Navy Drug Screening Labs test for Is Ecstasy (MDMA)?

Every urine sample collected and sent to a Navy Drug Screening Lab is tested for Ecstasy!

What are the side effects of Ecstasy (MDMA)?

These include nausea, dizziness and jaw tension. Symptoms such as anxiety and panic attacks, insomnia, confusion, and depression have been reported when Ecstasy has been used over long periods. Because Ecstasy increases heart rate and blood pressure, there is a greater risk for anyone with heart problems or high blood pressure. Ecstasy has been connected with several deaths. The people involved were apparently healthy and had not taken unusually large doses. Medical research has linked the deaths with heat exhaustion. Ecstasy raises body temperature and causes fluid loss. Ecstasy users also commonly report a "burnout" for one-two days afterward, characterized by tiredness, soreness, and dullness of the senses and mental processes.

Psychological difficulties, including confusion, depression, sleep problems, drug craving, severe anxiety, and paranoia - during and sometimes weeks after taking Ecstasy (even psychotic episodes have been reported).

Physical symptoms such as muscle tension, involuntary teeth clenching, nausea, blurred vision, rapid eye movement, faintness, chills or sweating, and increases in heart rate and blood pressure are common.

What are the legal consequences of using Ecstasy?

ECSTASY (MDMA) is illegal in the United States. It is listed as a Schedule I "controlled substance", making use, possession, supply, or production illegal. The penalties are the same as those for any controlled substance. Any Sailor who uses Ecstasy is in violation of the Uniform Code of Military Justice (UCMJ), subject to discipline as appropriate, and will be processed for administrative separation.

What are the signs someone is abusing Ecstasy (MDMA)?

Ecstasy users are often seen with baby pacifiers or an athletic mouthpiece because they often involuntarily grind their teeth while under the influence of Ecstasy. Chemical light sticks and painter's or surgeon's masks smeared with scented ointments such as vapor rub or other scented muscle ointments often are used while taking Ecstasy. The combination of these products while under the influence of Ecstasy heightens the user's senses and makes lights, smells and sounds much more intense.

What are some early signs of Ecstasy (MDMA) abuse:

Behavioral Symptoms

Change in friends
Behavioral and emotional mood swings
Grinding and clenching teeth
Sleep problems
Unexplained fatigue and muscle soreness

Physical Symptoms

Change in attire and appearance
Attending "Rave" parties
Unexplained presence of baby pacifiers or athletic mouth pieces

What are some of the more common names for Ecstasy (MDMA):

007 7 of Diamonds Bee Boogie Nights

Buddah	Butterfly	Calvin Klein (Green, Blue, and Red)
Camel	Cloud 9	Heart (Pink and Green)
JB	Medusa	Mitsubishi MTV
Rolex	Solar	Star Star 2